

## How to Prepare for your Appointment:

This appointment will be different than a “normal” visit to the veterinarian! Our goal is to move at a slower pace, keep your pet as calm as possible, gather a lot of information, and then do an acupuncture treatment. To do all of this and make it a positive experience for you and your pet please read the following guidelines.

- Please do not feed any BIG meals for 1-2 hrs before the appointment. Your pet should not be hungry.
- Your pet should be well-rested and not physically exhausted.
- If your pet is on oral prednisone please do not give this medication on the day of the appointment. We will discuss this with your primary veterinarian before the appointment.
- Since our goal is to have a quiet, relaxed atmosphere consider having only one family member come to the first appointment with your pet. We will be talking a lot about your pet’s history and background and then doing an acupuncture treatment. Once we know how your pet responds to the acupuncture, and once your pet knows what will happen and is comfortable with it, then more of the family can come to the treatments!

Please call if you have any questions prior to your appointment!